

# 27th AMS Congress

12 – 14 September 2025  
Esplanade Hotel Fremantle, WA

## Catch the Fremantle Doctor

Navigating an evidence-based course through  
the vast seas of information



[www.menopause.org.au](http://www.menopause.org.au)  
[amscongress.com.au](http://amscongress.com.au)



**AUSTRALASIAN  
MENOPAUSE  
SOCIETY**

Supporting Midlife Women

# Welcome to Congress 2025



On behalf of AMS it is my great pleasure to welcome you to the 27th Australasian Menopause Society Congress in Fremantle 12-14th September 2025.

We acknowledge the Whadjuk Noongar people as the Traditional Owners of Walyalup land which predates, the name Fremantle. Their connection to boodja (land), kep (water/sea), and sky continues unbroken.

Welcome especially to the New Zealanders and to all those from the rest of Australia who have come to this historic city of Fremantle, or Freo as I have been corrected.

As always we are delighted to welcome our opening speaker for the plenary session Professor Rod Baber from Sydney. It was unanimously agreed there was no-one better than he to convey concepts of risk with the prescription of MHT. His knowledge and communication skills are widely applauded and appreciated. Professor John Stevenson from the Royal Brompton Hospital London will inform us on prevention of coronary vascular disease and osteoporosis.

Indeed the conference is a chance to 'Catch the Fremantle Doctor' both literally and metaphorically. The term 'Fremantle Doctor' is the south west wind that springs up in the afternoon - hence the concept 'with the doctor behind you in cricket', all is well. It is a chance to meet new people and ask questions of the experts. And indeed a chance to 'Navigate the vast seas of information'. We are thrilled to have former Presidents of AMS present - Dr Sonia Davis, Professor Amanda Vincent, Dr Jane Elliott, Professor Bronwyn Stuckey, Professor Sue Davis, Dr Anna Fenton and Dr Karen McGraith. The conference aims to embed and update clinical knowledge with presentation of evidence, focus on the clinical concerns resulting from oestradiol fluctuations in the perimenopause, and give confidence in prescribing.

Dr Ashley Makepeace as Chair of the Scientific Committee has developed an integrated programme of the latest scientific information with further accents on cognition and the breasts.

Fremantle is an historic city with developments with the arrival of outsiders from 1829, with stories of great hardship and great success. It is a major port since the 19th century and has the Western Australia Maritime Museum. There are many well preserved 19th century historic buildings. We hope you gain much from the Congress and appreciate the local surroundings. For something completely unique visit Rottneest Island and see the Quokkas. Enjoy a wonderful congress and the environment of Fremantle.

Sylvia Rosevear  
AMS President



# Welcome from the Scientific Organising Committee



I am pleased to have had the opportunity to help organise the 27th Australasian Menopause Society Congress, here in the historic port town of Fremantle.

With the surge in interest in menopause, in part driven by readily accessible information available on social media, more women are pro-actively wanting to understand menopause and what it means for them. As interest and available information grows the challenge of practitioners who work in this space is to navigate an evidence based course to gain knowledge, improve understanding and to pass that on to our patients. This has been the aim of the programme, helping to focus on the evidence and practical implications of delivering quality menopause healthcare in our day to day practice.

The opportunity to hear from some familiar and some newer faces is welcomed. Our keynote speakers include Rod Baber, who has been tasked with helping us to understand risk and how to communicate that to our patients and John Stevenson, who looks into the more nuanced areas of cardiovascular risk, menopause and oestrogen and the place for hormone therapy in bone health.

We have enlisted many local speakers including Danny Green, who will talk on body composition in older individuals and implications of the (ever increasing) use of incretin therapies. Ee Mun Lim has been asked to help us understand the often requested biochemical test and it's role in menopause management. There are updates on common areas in our clinical practice, including managing perimenopause, premature ovarian insufficiency, breast, sexual health, genitourinary issues, headache and the lesser understood issue of eating disorders at menopause. Sonia Davison will, no doubt, entertain with a practical session reviewing the different menopausal hormonal therapy preparations and I would expect the same from the debate "Transdermal MHT should always be first line" with Susan Davis 'for' and Bronwyn Stuckey 'against'.

We also aimed to increase interest in doctors in training, with submission and acceptance to the free communications, they were eligible to attend the conference for free.

The dinner will be held at Fremantle Sailing Club, with quizmaster Bronwyn Stuckey again brining us down to earth testing our (not so ) general knowledge and understanding of current affairs.

On behalf of the AMS and congress organising committee, Sylvia Rosevear, Christina Jang, Lina Safro and myself we hope that you find some things in this program to benefit your practice, and meeting or reconnecting with peers makes the trip over to the west worthwhile.

Ashley Makepeace  
Chair, Local Organising Committee

Diamond Partner & Menopause Essentials Update Sponsor



Platinum Partner & Commercial Symposia



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Silver Partners





## AMS Board and Executive

Dr Sylvia Rosevear (President)

Dr Karen Magraith (Past President)

Dr Ashley Makepeace (Treasurer)

Dr Elina Safro

Dr Terri Foran

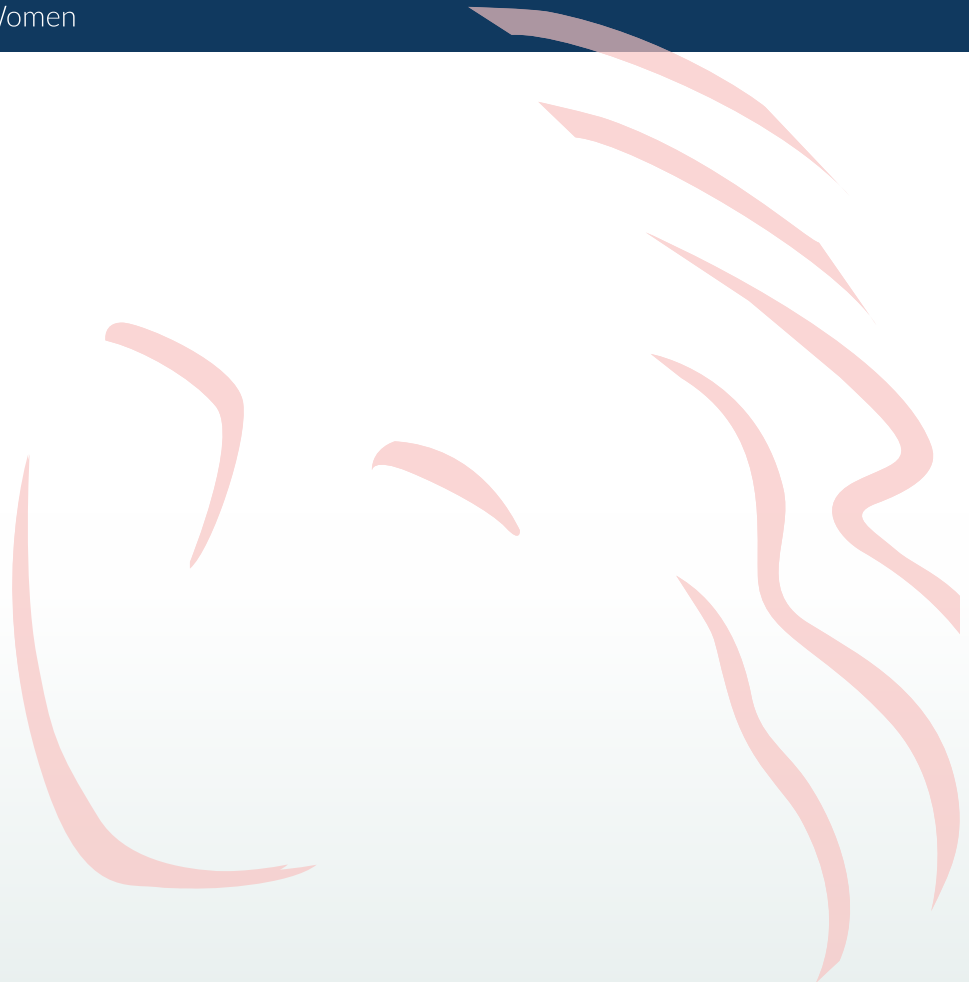
Dr Jessica Floreani

Dr Marita Long

Dr Lauren Goldschmidt

Dr Amie Hanlon

Mr Chris Michaelides (Executive Director)



## AMS Membership

The Australasian Menopause Society brings together doctors, nurses and other allied health professionals who are keen to participate in communication and scientific discussions around the advancement of knowledge about the menopause.

If your work focuses on menopause and issues related to women's mid-life health, it's now more important than ever for you to become a Member of the AMS. Through AMS, you will be able to access information and resources which will inspire and guide improvements for your practice.

Members receive a monthly 'eChanges' newsletter with clinical and AMS news updates as well as news on women's midlife health from around the world.

### Benefits of membership

There are four main reasons to join AMS:

- Increase your confidence in menopause management by having access to up to date evidence-based information and resources;
- Gain CPD points by participating in education on the AMS eLearning website;
- Get discounts to Congress and other AMS education events;
- Advertise your practice on the Find an AMS Doctor website

To apply for AMS Membership please visit the AMS stand in the Exhibition area to complete an application form or alternatively apply online at [www.menopause.org.au](http://www.menopause.org.au)

# Scientific Program

## 27th AMS Congress

# Catch the Fremantle Doctor

Navigating an evidence-based course through the vast seas of information  
 Esplanade Hotel Fremantle, WA | 12 – 14 September 2025

### Pre-Congress Program\*

Onsite sessions will be held at the Esplanade Hotel Fremantle.

Thursday 11 September	
1700 – 1900	Pre & Congress Registration   Esplanade Fremantle Lobby
Friday 12 September	
<p>This Menopause Essentials Update is designed as a wrap up of evidence-based management options for menopause and midlife health. You will have the option of attending face-to-face and networking with your colleagues and the Update sponsor, Besins, or viewing the livestream.</p> <p>Starting with structuring the initial consultation in the most effective way and finishing with a discussion of complex cases, the Menopause Essentials Update will bring you the latest on hormonal and non-hormonal options and best-practice risk management recommendations across the full spectrum of menopause medicine. The Menopause Essentials Update will consist of four sessions with a break for morning tea.</p>	
0730 – 0830	Pre-Congress Menopause Essentials Registration   Indian Ocean Suite
0830 – 1200	Pre-Congress Menopause Essentials Update
Room	Pleades/Orion Room
Chairs	Dr Elina Saforo & Dr Jessica Floreani
0830 – 0915	<b>Dr Jane Elliot</b> Menopause Consultation: A structured approach to decision-making
0915 – 1000	<b>Professor Sue Davis</b> Prescribing MHT: Evidence-base, tips, tricks and practice pearls
1000 – 1030	Morning Tea   Indian Ocean Suite
1030 – 1115	<b>Dr Christina Jang</b> Non-hormonal treatments for troublesome symptoms of menopause: What's the evidence?
1115 – 1200	<b>Professor Rod Baber</b> Complex scenarios: A case-based discussion
1200	Close
1200 – 1300	Lunch – for those attending both the Pre-Congress and Congress   Indian Ocean Suite

\*The Pre-Congress is an additional cost to attend.

### Congress Program

Friday 12 September	
1200 – 1730	Registration   Indian Ocean Suite
1315 – 1425	<b>Congress Opening and Plenary 1: Alice MacLennan Plenary</b>
Room	Pleades/Orion Room
Chairs	Dr Sylvia Rosevear & Dr Ashley Makepeace
1315 – 1325	<i>Welcome to the Congress</i> <b>Dr Sylvia Rosevear</b>
	<i>Welcome to Country</i> <b>Sandra Harben</b>
1325 – 1355	<i>Understanding Risk: What are the Odds?</i> <b>Professor Rodney Baber</b>
1355 – 1425	<i>Cardiovascular risk, the menopause and oestrogen</i> <b>Professor John Stevenson</b>
1425 – 1455	Afternoon Tea   Exhibition & Posters   Indian Ocean Suite & Sirius Room
1455 – 1655	<b>Plenary 2: Midlife Health</b>
Room	Pleades/Orion Room
Chairs	Dr Christina Jang & Dr Marita Long
1455 – 1525	<i>Incretin Therapies and Body Composition: Optimising Fat Loss and Muscle Gain in Older Individuals</i> <b>Professor Daniel Green</b>
1525 – 1555	<i>Sex Hormones Gone Rogue? Biochemical Sleuthing in the Peri- and Menopausal Years</i> <b>Dr Ee Mun Lim</b>
1555 – 1625	<i>Headaches at midlife</i> <b>A/Professor Lauren Sanders</b>
1625 – 1655	<i>Women and Cognition</i> <b>Professor Cassandra Szoek</b>
1700 – 1830	<b>Welcome Reception   Indian Ocean Suite &amp; Sirius Room</b>



# Scientific Program

## Congress Program

Saturday 13 September	
Room	Island Suite
0715 – 0815	<b>Commercial Symposia</b> <b>Hosted by Theramex  </b> Breakfast (bookings required) 
<b>Controversy to Clarity: What the Evidence Really Says About Oral MHT</b> The WHI study had a profound and lasting influence on how oral MHT is perceived and prescribed, leading many clinicians to avoid it altogether. However, the evidence has evolved and so have the formulations. This session will separate fact from fiction to equip prescribers with practical insights to confidently evaluate and prescribe modern oral MHT.	
0800 – 1545	Registration   Indian Ocean Suite
0830 – 1030	Plenary 3
Room	Pleades/Orion Room
Chairs	Dr Christina Jang & Dr Karen Magraith
0830 – 0900	<i>Testosterone: Use, Misuse and Overuse</i> Professor Susan Davis AO
0900 – 0930	<i>Iatrogenic POI</i> Clinical Professor Amanda Vincent
0930 – 1000	<i>Is There a Place for HRT in Postmenopausal Osteoporosis Prevention?</i> Professor John Stevenson
1000 – 1030	<i>Cognition during menopause: Research updates; assessment and management</i> Assoc. Professor Caroline Gurvich
1030 – 1100	Morning Tea   Exhibition and Posters Indian Ocean Suite & Sirius Room
1100 – 1300	Plenary 4: Breast
Room	Pleades/Orion Room
Chairs	Dr Elina Safro & Dr Jenny Rogers
1100 – 1125	<i>Breast screening in post-menopausal women: Innovations and Implications</i> Adj. A/Professor Emmeline Lee
1125 – 1150	<i>Approach to management of breast cancer</i> Dr Hilary Martin
1150 – 1215	<i>Endocrine Consequences of Breast Cancer Therapy and Survivorship</i> Dr Meg Henze
1215 – 1230	<i>Panel Discussion</i>
1230 – 1300	<i>MHT 'Show and Tell'</i> Dr Sonia Davison
1300 – 1400	Lunch   Exhibition and Posters Indian Ocean Suite & Sirius Room
1400 – 1535	Free Communications
Room	Pleades/Orion Room
Chairs	Dr Amie Hanlon & Dr Jessica Floreani
Oral Presentations	
1400 – 1415	<i>Building Australia's First Virtual Menopause Hub: a scoping review and lessons from the first 365 days of clinical activity</i> Dr James Brown
1415 – 1430	<i>Current opinion on Menopausal Hormone Therapy in breast cancer survivors with an oncotype &lt;26</i> Dr Rose Joyce Culhane
1430 – 1445	<i>Neural input shows greater sensitivity to estradiol decline than muscle strength and power in ageing females</i> Dr Danielle Hiam

## Social Program

### Welcome Reception

Welcome to the 27th Annual Australia Menopause Society Congress 2025. The Welcome Reception is your first social opportunity to catch up with colleagues, sponsors and exhibitors of the Congress. The Welcome Reception also provides a great opportunity to meet delegates who are attending the Congress for the first time.

Date: Friday 12 September  
 Time: 5:00pm – 6:30pm  
 Venue: Indian Ocean Suite & Sirius Room, Esplanade Hotel Fremantle

### Congress Dinner

Join us at the Fremantle Sailing Club for the 2025 Congress Dinner! The dinner your chance to dress up and catch up with your colleagues, new friends, sponsors and exhibitors while dancing the night away!


Date: Saturday 13 September  
 Time: 6:00pm – 10:30pm (Coaches will depart the Esplanade at 5:50pm)  
 Venue: Fremantle Sailing Club  
 Dress: Neat casual



# Scientific Program

## Congress Program

Saturday 13 September	
Rapid Fire Presentations	
1445 – 1451	<i>"Your chance of pregnancy is less than 1%"</i> Dr Yasmin Trinh
1451 – 1457	<i>The development and validation of a new tool to classify the stages of menopause: the Reproductive Ageing in Women (RAW) questionnaire.</i> Mrs Laura Pernoud
1457 – 1503	<i>A clinical audit of the management of menopause in women living with HIV in Victoria</i> Dr Anna Pierce
1503 – 1509	<i>The Impacts of Ageing and Menopause on Sexuality in Women with Spinal Cord Injury</i> Ms Jolie Chantharath
1509 – 1515	<i>Enabling increased access to multidisciplinary menopause care in NSW</i> Mrs Danielle Hackett
1515 – 1521	<i>Symptoms surrounding menopause transition amongst Singaporean women: A cross-sectional population-based survey</i> Dr Dypti Lulla
1521 – 1527	<i>Understanding the Impact of Lifestyle and Demographic Factors on Menopausal Symptoms: Toward Personalised Symptom Management</i> Mr Vidu Ranatunga
1527 – 1533	<i>An overview of a government-funded Japanese study on menopausal symptoms and work productivity</i> Dr Makiko Arima
1535 – 1600	Afternoon Tea Indian Ocean Suite & Sirius Room
1545	AMS AGM   Pleaides/Orion Room
Evening	Congress Dinner Fremantle Sailing Club

Sunday 14 September	
Room	Island Suite
0715 – 0815	Commercial Symposia Hosted by Eli Lilly Breakfast (bookings required)
	
<b>Obstructive Sleep Apnea in Women</b>	
"Women with obstructive sleep apnea often present with different symptoms than men and are typically diagnosed later, frequently at higher BMI levels. They also tend to experience a greater reduction in quality of life compared to their male counterparts," explains Dr. Linda Schachter, sleep and respiratory physician and medical director at Sleep Services Australia.	
0800 – 1030	Registration   Indian Ocean Suite
0830 – 1030	Plenary 5: Meet the Specialist
Room	Pleaides/Orion Room
Chairs	Dr Amie Hanlon & Dr Liz Rayment
0830 – 0900	<i>Bladder problems in the midlife</i> Dr Katherine Penrose
0900 – 0930	<i>When is it not GSM</i> Dr Rachael Foster
0930 – 1000	<i>Managing the symptomatic perimenopausal woman</i> Dr Lucy Williams
1000 – 1030	<i>Debate: Transdermal MHT should always be first line</i> Professor Susan Davis (FOR), Professor Bronwyn Stuckey (AGAINST)
1030 – 1100	Morning Tea   Exhibition and Posters Indian Ocean Suite & Sirius Room
1100 – 1230	Plenary 6
Room	Pleaides/Orion Room
Chairs	Dr Ashley Makepeace & Dr Sylvia Rosevear
1100 – 1130	<i>Embracing Change: Understanding Menopause, Libido and Sexual Wellness</i> Helena Green
1130 – 1200	<i>The Intersection of Eating Disorders at the Menopause Transition</i> Professor Gemma Sharp
1200 – 1230	<i>Sonia's Snippets</i> Dr Sonia Davison
1230 – 1300	Congress Close













Saturday 14 September  
Plenary 2: Midlife Health



## Women and cognition

Professor Cassandra Szoeki

### Biography:

Professor Cassandra Szoeki is a Full Academic Professor, Clinician, Speaker and Author. As Principal Investigator of the Women's Healthy Ageing Project, the longest study of women's health in Australia, she authored the book *Secrets of Women's Healthy Ageing*, which was highly commended in the Educational Publishing Awards Australia, and was the Best-selling title in 100 years of Melbourne University Publishing in the genre of Medicine. She is a general physician, consultant neurologist and multi-award-winning clinical researcher.

In addition to her medical qualifications and fellowship in the Royal College of Physicians she has a BSc with Honours in Genetics and PhD in Epidemiology, and her postdoctoral studies at Stanford University CA, focused on public health and policy. Her sabbatical at Oxford University focused on sex-specific medicine.

She brings together high level management and communication skills with scientific expertise. She led the research program in Neurodegenerative Diseases, Mental Disorders and Brain Health at the Australian Commonwealth Science and Industry Organisation and then became a Clinical Consultant to the Preventive Health Flagship in CSIRO.

She has worked in the public and private health system in clinical, leadership and governance roles as board director appointed by the state health minister. She is an Associate Fellow of the Australian Institute of Digital Health and Graduate of the Australian Institute of Company Directors. She has held non-executive board director positions in not-for-profits and for the Department of Health, including holding roles as Chair of Board Subcommittees in Quality & Safety and Education, Training and Research.

She has contributed to the development of national health policies, has sat on the Council of the Australian Medical Association, was appointed in 2020 to Medical Panels by the Department of Health (Victoria) and has held Chief Medical Officer roles for the Australian Healthy Ageing Organisation and the National Council of Women.

She has held many significant academic positions and teaching roles for academic institutions and specialist colleges. She has

several hundred published articles in academic journals and several book chapters in medical textbooks.

She has represented Australia on several major international collaborative efforts including the Australian clinical representative role in the world-wide Alzheimer's Disease Initiative, Clinical lead on the Global burden of Dementia, on the science advisory of the International Women's Brain Project and inaugural lead of the Asia Pacific node.

### Abstract:

In this plenary I will discuss our Lancet paper showing a doubling of AD cases globally over 25 years, with more women affected at all ages<sup>3</sup>. I will outline that, despite NIH mandates, there is still systemic under-representation of women in AD research with our recent paper showing less than the mandated 50% in AD trials<sup>4</sup> despite the fact that 2/3 of those living with dementia are women. The most recent Australian Government commissioned report shows there are no sex-specific guidelines despite existing knowledge for significant differences in presentation, symptoms, diagnosis, pathophysiology and treatment are vastly different between men and women.

A decade ago Lancet published that 50% of AD cases are preventable<sup>5</sup>. But even the most recent Lancet commission<sup>6</sup> maintains 40% of cases preventable and notes modifying vascular risk factors is the most available and promising option<sup>6</sup>, yet AD is on the rise<sup>3</sup>. The commission still omits sex differences, despite their known importance. There has been an exponential rise in knowledge on sexspecific issues in dementia pathophysiology, risk factors, presenting symptoms, diagnosis, treatment and management<sup>50,51</sup> with the body of evidence on AD is so great that there is now an Elsevier textbook about sex-differences in AD<sup>52</sup>.

I will outline changes to community knowledge and the focus on women's health in chronic diseases of ageing with leading cause of death and disability in Australian Women for the last several decades being dementia. How do we approach enquires of cognitive symptoms : what does the research tell us about memory complaints and what is needed to improve women's healthy ageing for the future.











Saturday 14 September  
Plenary 4: Breast



## Breast screening in post-menopausal women: innovations and implications

Adj. Assoc Prof. Emmeline Lee

### Biography:

Emmeline graduated from the University of Western Australia's medical school, who then went on to obtain a Diploma in Obstetrics from RANZCOG before specialising in Radiology in WA. She then completed fellowships in Breast and Women's Imaging.

She is the current Director of BreastScreenWA.

Emmeline has multiple leadership roles at RANZCR, including Chair of the Obstetric and Gynaecological Special Interest Group, Co-lead examiner for O&G and member of the Diversity, Equity and Inclusion Taskforce. She is an adjunct Associate Professor at UWA.

Emmeline is the Expert Advisor for Obstetric Imaging for Radiopaedia.

She has received multiple awards including the Professor Turab Chakera Award for Radiology Teaching in 2014, the Australasian Society of Ultrasound in Medicine's Sonologist of the year award in 2019 and RANZCR's Bill Hare Travelling Fellowship 2023.

As part of her commitment to education, Emmeline is Co-Lead in Obstetrics and Gynaecology for Radiology Across Borders, and has done multiple trips supporting health professionals in developing nations.

### Abstract:

Breast cancer screening in post-menopausal women represents a critical frontier in preventive healthcare, requiring sophisticated understanding of evolving technologies, risk stratification, and personalized approaches. This lecture addresses the complex landscape of contemporary breast cancer screening practices specifically tailored to the post-menopausal population at risk of breast cancer, where changing breast tissue composition and evolving risk profiles demand nuanced clinical approaches.

This lecture will begin by addressing current population screening – what is done at Breastscreen WA, and also elsewhere in Australia.

Central to the lecture is an analysis of risk factors specific to post-menopausal breast cancer, including hormonal influences, genetic predisposition, lifestyle factors, and the complex interplay between aging and cancer susceptibility. The presentation highlights the distinct challenges in this population, such as competing health priorities, medication interactions, and the balance between screening benefits and potential overdiagnosis concerns.

We will also address the paradigm shift towards personalised screening approaches, examining recent guideline updates that incorporate breast density reporting as a critical risk factor. The lecture evaluates how these developments are reshaping screening recommendations, moving beyond age-based protocols toward individualized risk assessment models that consider personal and family history, genetic markers, and breast tissue characteristics.

The final component focuses on practical implementation strategies, providing evidence-based frameworks for integrating updated screening protocols into clinical practice. This includes approaches to patient counselling about personalized risk, shared decision-making processes, and coordination with multidisciplinary teams to optimize outcomes while minimizing unnecessary interventions.

Through case-based discussions and evidence review, participants will develop the knowledge and skills necessary to navigate the evolving landscape of post-menopausal breast screening, ultimately enhancing their ability to provide individualized, evidence-based care that improves early detection rates and patient outcomes in this critical population.













## Embracing change: understanding menopause, libido and sexual wellness

Ms Helena Green

### Biography:

With over 30 years of nursing experience and 15 years in clinical sexology, Helena brings both depth and compassion to her work as a Clinical Psychosexual Therapist,

Sexologist, and Counsellor. She is committed to empowering individuals and couples to live more fulfilling lives by providing a safe, confidential space to explore personal challenges and rebuild sexual self-esteem.

In her private practice, inSync for life Psychology, Helena offers tailored, evidence-based support to clients from diverse backgrounds, assisting them to address fears, enhance intimacy, and foster personal growth. Her clinical expertise also extends to multidisciplinary healthcare environments such as The WOMEN Centre in Leederville, where she contributes to sexual well-being and relationship support within an obstetrics, gynaecology, and oncology team.

Previously, Helena provided sexology counselling at Ellen Health General Practice and worked at SECCA in West Perth, where she supported individuals with disabilities to access respectful, inclusive sexology and relationship services. She also established a Sexual Wellness Clinic at King Edward Memorial Hospital's Menopause After Cancer Clinic, supporting women managing the physical and emotional impacts of cancer treatment on their sexual health.

Helena has co-authored research papers and presented her findings to both health professionals and the wider community, helping make sexual wellness and oncology more accessible and relatable. As a member of the Society of Australian Sexologists and the Australian Counselling Association, she combines clinical knowledge with empathy, offering practical strategies and hope to those navigating sexual and relational difficulties.

### Background:

Menopause is a significant transition in an individual's life, often accompanied by hormonal changes that can greatly affect libido and overall sexual wellness. These shifts not only impact physical health but also emotional, sexual well-being and relationship dynamics. This emphasises the need for a thoughtful and compassionate approach.

### Objective:

As menopause reshapes the landscape of sexual wellness for many, this presentation provides a practical overview for clinicians with insights to support patients in managing these changes with greater confidence and care without thinking one has to be a Sexpert!

### Conclusion:

Menopause is not just a challenge; it is also an opportunity for sexual and personal growth. This session highlights the value of therapeutic support during this life stage.

By deepening the understanding of menopausal sexuality, clinicians can refine their approaches, ultimately improving patient satisfaction and improved sexual quality of life.

Learning Outcomes: By the end of this 20-minute presentation, participants will be able to:

1. Appreciate the diverse experiences of menopause and its impact on libido and sexual wellness, recognising the unique challenges faced by individuals with ovaries during this transition.
2. Apply personalised care that addresses both the physical and emotional aspects of menopausal changes, fostering an open and supportive environment for patient dialogue about sex and sexual wellness when appropriate.
3. Integrate strategies to support patients in exploring and adapting to evolving changes in libido, sexual desire, and intimacy throughout the menopausal transition.





















# Symposia

Breakfast Symposium:  
Hosted by Theramex  
(bookings required)



Saturday 13 September, 0715 – 0815, Island Suite

**Topic:** Controversy to Clarity: What the Evidence Really Says About Oral MHT

Breakfast Symposium:  
Hosted by Eli Lilly  
(bookings required)



Sunday 14 September, 0715 – 0815, Island Suite

**Topic:** Obstructive Sleep Apnea in Women

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## General Information

### Congress Venue

Esplanade Hotel Fremantle

### Registration Desk

The registration desk will be located in the Esplanade Hotel Lobby from the following times. The desk will be attended at all times through the congress. Delegates should collect their satchel and name badge on arrival. Admission to all sessions, catering and Welcome Reception is by name badge only.

Friday 12 September: 7:30am

Saturday 13 September: 8:00am

Sunday 14 September: 8:00am

### Conference Secretariat

Conference Design Pty Ltd

Level 6, 152 Macquarie Street, Hobart Tasmania

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CONFERENCE DESIGN



# Exhibition Floor Plan



Organisation	Booth No.
Besins Healthcare	1 & 2
Biolae	3
Lawley Pharmaceuticals Pty Ltd	4
Organon	5
Stratpharma	6 & 7
Novonordisk	8
Eli Lilly Australia Pty Ltd	9
Astellas Pharma Australia Pty Ltd	10
Astellas Pharma	11
Australasian Menopause Society	12
Bayer Australia Ltd	13
Orion Pharma Australia	14
Aspen Pharmacare Pty Ltd	15
Theramex	16 & 17